



ONE VISION
BRINGING PEOPLE TOGETHER



NEWSLETTER

2023

Volume-2 Issue-1



Message from Chair of Trustees Harjit Singh

"We engage with local community groups, charities and public services on issues which concern us all – equality, health, welfare, faith and youth. Working together ensures a smart approach to the sharing of resources, information and skills. These collaborative efforts reduce waste and duplication as well as enhance each group's delivery capability. One Vision will continue to work diligently in the community to promote the message of being 'stronger together' and to strive to gain positive outcomes for those in most need."

Working together for a better community

One Vision provides relief to those who are experiencing hardships by:

- Partnering with local businesses, communities groups, non-profits and charities to gain positive outcomes.
- Devising programmes, projects and initiatives that address the needs of all people and communities, regardless of background or religious affiliations.
- Providing fresh meals, food bags, essential items and practical support to families and individuals who need a helping hand.

Our Values

We are inclusive

We respect all people, value diversity, and are committed to equality.

We collaborate

We are committed to a culture of teamwork and collaboration. We work with dozens of community groups, charities, nonprofit, faith groups and local institutions.

We are dynamic

We take action as soon as challenges emerge. Our operations are Flexible so that we can serve our community at all times.



Message From Enoch Kanagaraj Founder & CEO

Almost half of the year has already passed. It's amazing how time flies at One Vision. We are looking forward to another action-packed second half of the year. First and foremost, I want to say a huge thanks to all members of the community. One Vision makes the impact it does only because of the enormous collective effort by volunteers, donors, supporters and the leaders of the community. I strongly believe diversity is an essential element. Working with people from different backgrounds opens up inspirations and ideas. One of the highest priorities for myself and to our vision is creating an environment where diverse values and thinking are accepted and where everyone can be themselves. I am committed to bringing not only high levels of expertise, but also diverse backgrounds and different values through our Community Connectors. One Vision Bringing People Together

Our Mission

One Vision brings people from different cultural backgrounds and religious affiliations together, to address the needs of the community. Together, we develop services and initiatives that tackle food poverty, mental health issues, social marginalisation and youth needs.

Akhtar Zaman DL

President, South Asian Heritage Association

One Vision is truly a visionary organization that has risen, in a very short period of time, from a concept of ideas to a practical go to organization; uniting communities and forging strong links with public services such as the NHS, the Police, the Council as well as reaching the National political leadership for the greater good of all.

The acknowledged meteoric rise and formal recognition of One Vision and its success is due to the inspirational leadership with an engaged and active membership that is constantly striving to address community concerns, spotlight needs and improve the lives of community members.

Since my association with One Vision, I have been very impressed by the agile setup of the organisation, the collective expertise, and notable achievements, enticing me to be a part of something that is growing stronger and delivering on its aims.

Year by year the organization builds upon its solid foundations welcoming diverse groups and charities, transcending and uniting cultures and faiths to form a collaborative team that is "Stronger Together".



Jon Simpson

Chief Superintendent of Police Chief of Staff Hertfordshire Constabulary

I'm grateful to Enoch for inviting me to write in the newsletter. I joined Hertfordshire Constabulary in February after 18 years of policing, firstly in Lancashire and latterly the Met. I have always been a uniformed officer and have been privileged to work in some key areas of policing including Royalty Protection, the Met Commissioner's Private Office and I have also been a senior member of the Met's Public Order Command working on events such as New Year's Eve and Her Late Majesty's Funeral. As a resident of Hertfordshire, I had wanted to join the Constabulary for some time as it has a strong and positive reputation across policing. I have been struck by the positivity and professionalism as well as the friendliness of my new colleagues. I am conscious, of course, that we have much to do and complacency cannot be an option. Part of my role is to lead the Constabulary's Diversity, Equality and Inclusion Group hence my contact with One Vision, which has been hugely

Faith Leaders Came Together for King Charles III Coronation



Celebrating His Majesty The King Charles III coronation in May 2023. The Lord Lieutenant Robert Voss CBE CStJ along with the Faith Leaders across Hertfordshire



Enoch Kanagaraj meets the Prime Minister in thanks for his work as a Community Champion

Enoch Kanagaraj, has been recognised for the contribution he has made to his local community by being awarded the title 'Community Champion' and invited to a reception at 10 Downing Street to meet the Prime Minister, Rishi Sunak.



Minister Mims Davies MP commends One Vision for their outstanding work

It is great for Minister Mims Davies MP to see and hear about the excellent work One Vision has been doing in Watford and beyond. One Vision we are so glad to have the opportunity to discuss about the benefits of young people volunteering.





One Vision FoodHUB & Community Kitchen

Donates Food to Those in Need

One Vision, a community-focused organization dedicated to improving the lives of people in the Hertfordshire area, recently made a significant donation of to help those in need. The donation was made through the One Vision Food HUB, a program created by the organization to provide access to healthy and nutritious food for individuals and families who may not have the means to obtain it.

The One Vision Food HUB operates on a simple yet impactful premise: to address food insecurity by distributing healthy and nutritious food to those in need. With the support of generous donors and volunteers, the program has been able to make a real difference in the lives of many people in the Hertfordshire area.

The recent donation of food by the One Vision Food HUB was an extraordinary effort that saw the organization provide hundreds of pounds of food to people who are struggling with food insecurity. This donation could not have come at a better time, as many individuals and families continue to face financial difficulties due to ongoing pandemic.

The One Vision Food HUB has a deep understanding of the challenges that people in the community are facing. It is clear that the program is working tirelessly to help alleviate these difficulties. By providing nutritious food to those in need, the One Vision Food HUB is not only immediate hunger but also helping to build a stronger and more resilient community.



**In the year 2022, We have reached
380,000 meals delivered in the Watford area**

One Vision were delighted to visit Watford Gurdwara along with Dean Russell MP and met with senior Sikh leadership team.



Hertfordshire county council Household Support Fund supporting One Vision Food HUB - today our wonderful volunteers Fay & Gladys cooking delicious Aubergine, potatoes and Tofu with basmati rice fresh meals for 180 families. Watford Community Housing are the biggest contribution towards the food hub operators



Food HUB preparing, Well done all the Volunteers who are dedicating their time and energy towards setting up a food hub. A food hub is a central location where food is collected, sorted, and distributed to those who are in need. These food hubs play a crucial role in supporting vulnerable populations, such as those who are experiencing homelessness or struggling to make ends meet.

Thanks, the hard work and dedication of the volunteers who are involved in setting up the food hub. These volunteers are likely spending countless hours sorting and organizing food, setting up the physical space, and making sure that everything is ready to go for when the food hub officially opens. Their efforts are essential in ensuring that the food hub can operate smoothly and effectively.



Hertfordshire county council Household Support Fund supporting One Vision Food HUB - today our wonderful volunteers Fay & Gladys cooking delicious Aubergine, potatoes and Tofu with basmati rice fresh meals for 180 families

Community Walk In Fridge

One Vision Food HUB is delighted to announce our new initiatives 'Community Walk-in Fridge' - we are opening our Community walk-in Fridge on 29th March 2023, to tackle Cost of living.



#donatefood

Fantastic day in ASDA Watford today, One Vision Volunteers collected donations for the Food HUB, Great goodwill and generosity from our local community. Thank you all the volunteers for the amazing day.

Thank you to all our Volunteers





Guest speaker
Pranita Salunke (Occupational Therapist)
Autism Awareness Day

2nd April 2023

Many people with autism can have their symptoms and quality of life improved over time due to strong support networks and coping mechanisms and routines that work for them.



Multi activity camp

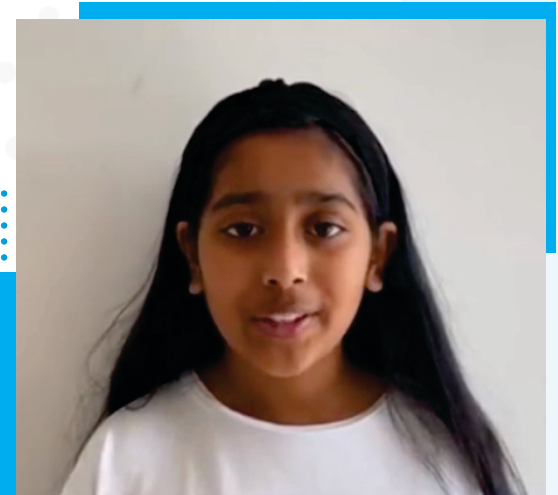
Holiday Multi activity camp, it's completely free for our community including meals. We have teamed with professionals and school teachers - don't miss out, it's a fun & creative outdoor and indoor activities., Thank you all the young children who participated in our Multi Activity

Children's Mental Health Week

6th-12th Feb 2023



Let's all think about whom you'd like to reach out today, to talk, to help and to connect with them and make them feel that they are looked after. Watford Observer



Jasmine
13 Years

SAHA Introduction

We are delighted to announce the Herts South Asian Heritage Association this year - Great Team come together



EXECUTIVE TEAM



Akhtar Zaman DL
President



Enoch Kanagaraj
Founder & CEO
One Vision



Harjit Singh DL
Chair of Trustees



Faizal Hakim
Vice President - DSI



Priyanka Gandhi
Vice President



Prof. Sarwan Singh
Governance



Andrea Malam BEM
Community
Development



Rakhi Singh
Media & Marketing
Manager



Radha Punni
Executive Secretary



Hema Teji
Governance Executive



**Anandana
Nadhavajhala**
Finance Executive



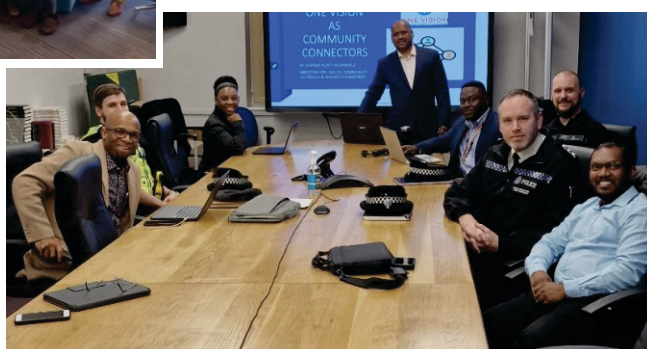
Abhha Sandill
Administrator

South Asian Heritage Association (SAHA) is proud to announce our great members from the diverse backgrounds and with wealth of experiences. We are extremely grateful to all our Patrons and Advisory Board members to give their valuable time and support to the South Asian community.

**SAHA is an extension of our registered charity -
One Vision who's aim is to bring the communities together.**

Collaboration with HPFT NHS Trust - Supporting Our Community

We delighted to announce partnership with HPFT NHS Trust



Community Connectors are in action

One Vision Community Connectors are in action today with Hertfordshire Partnership University NHS Foundation Trust.



Hertfordshire Partnership
University NHS Foundation Trust



Special Week

Tamil Festival

Honoured to celebrate The Tamil Thai Pongal, celebrating the Harvest festival. We met with Raju Meyyappan Chettiyar family, who are living here in Hertfordshire over 70 years and they are 4th generation, sharing their culture and tradition.

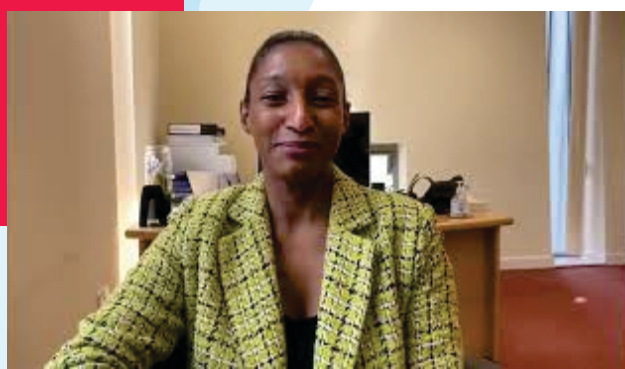


Baisakhi

As the religious rituals concluded, the festivities shifted into full swing. The community buzzed with energy as various cultural activities and performances took place. Traditional dances, including the energetic Bhangra and graceful Giddha, enthralled the audience and brought smiles to their faces. The participants, adorned in vibrant costumes, skillfully showcased their talent and passion, captivating the crowd with their rhythmic movements and infectious energy.

Sikh New Year

The month of March is usually an eventful one for the Sikh community. It marks the beginning of Nanakshahi Samvat 555, which is the Sikh New Year.



Mothers day

is so close to my heart, it was my plesure to meet some of our community leaders, young and adult, school children to ask How much your mum mean to you in your life, please watch this clip. Kind regards and Happy Mother's Day to all. Best wishes Enoch Kanagaraj One Vision Bringing People together

WELCOMING OUR TRUSTEE

Sharon Platt-McDonald, MSC, BSC, RHV, RM, RGN, CACDP.

**BUC Director for Health, Women's Ministries
& Adventist Community Services**

Versatile

A registered nurse, midwife and health visitor, with experience in Health Service Management.

Inspire

As a motivational speaker, mentor, editor and author of over 20 books, Sharon IS enthusiastic about sharing the message of health, hope and healing. She believes that as we follow Divine directives for emotional, physical, spiritual and social well-being, we will positively impact our churches and communities. With the ministry of restoration.

Pioneer

Sharon is the Founder and Director of the Women of Virtue Program and the Esther Institute of Excellence.

Multimedia

Producing a range of resources for churches and communities. Sharon has developed devotionals, health DVD's, manuals, booklets, leaflets, cards and health series.

She IS a Certified Health Coach.

Nurture

She has a passion for the encouragement, empowerment and development of individuals, and has produced resources and seminars to assist various LIFE events, adverse experiences, recovery and safeguarding holistic well-being.





Appeal by Dame Helen Hyde DBE
#CostOfLivingCrisis

It's ok to ask for help



Introducing Inspector Kelly Day, joined Hertfordshire Constabulary. Kelly and I will be working together to build great relationships with different communities in Hertfordshire.



Great honor to speak at the Stanborough Primary to finish the Children Mental Health Week It's imperative for children to understand that it's okay to cry and express their emotions. You can sit with them, listen to them, comfort them and reassure them that things will be okay.



**African Caribbean
Dual Heritage Alliance**

Community Connectors



Dr Jude Jeanville
President ACDHA



Sharon Plat McDonald
President One Voice



Barrister Eve Rickett
Project Lead



Dr Mario Phillips
Vice President ACDHA



Devon Boyd
Men's Co-ordinator



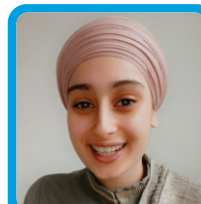
Dr Lunda Ince- Greenaway
Leadership coach



Owusu-Boateng Fergus
Director of Muslim Relations



Letitia mbroh
Udaw Union Representative



Daya Kaur
Founder of Princess2
Warrior Women's Organisation



Abhha Sandill
Rapid Transformation Therapist
and Holistic Life Coach



Enoch Kanagaraj
Founder & CEO
One Vision



Harjit Singh DL
Chair Trustee
One Vision



Pastor Warren Gillin
Minister of Religion



Daniel Oyayoyi
HPFT NHS Trust



Dani
Primary Care
Mental Health Worker



Andrew Rashford
Department of Men's



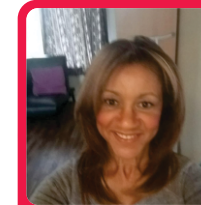
Mohan Rao Abbadasari
Minister of Religion



Kerrine Gathre
Pa president of BUC



Kwesi Moore
Minister of Religion



Joni Blackwood
Fitness Coach



Dee Edwards
Minister of Religion



Rev Stephen Agilinko
Minister of Religion



Maureen Samuel
Occupational Health Nurse



Tanya Hendricks
Registered Mental
Health Nurse



Kat Gladman
Assistant the Occupational
Therapy



Dr Jude Jeanville

President ACDHA

One Vision's aim is to be a community connector reaching leaders and peoples and bringing them together to share information and resources and build cohesive and healthy communities.

One Vision is putting in the work needed to reach the various demographics to access services that are underutilised.

In this capacity, African Caribbean Dual Heritage Alliance (ACDHA), an arm of One Vision, seeks to form a bridge between the community and services directly available through the NHS.

Black and Asian communities are some of the people groups who don't. Consequently, this could adversely impact the NHS's strategy of prevention and treatment of disease.

In the African and Caribbean communities, there is a lot of stigma regarding mental health. This affects those who are experiencing mental ill health to seek needed help.

Sometimes, in faith groups seeking professional help can be touted as not having faith in God. Also, there is the issue of trust in the service providers. Many Black folk do not feel represented, understood, and respected by indigenous Whites who often are responsible for delivering the services.

We are confident that this is a great move, and we are excited to work alongside with HPFT NHS Trust to encourage Black folk to make their mental health a priority.

To this end, the African Dual Heritage Alliance is committed. Please, if you know anyone who might be experiencing challenges in the area of mental health, contact us at One Vision, we have Community Connectors who would help.



Stephen Lawrence Day

Stephen's death was a catalyst for change in the UK and brought into the spotlight issues around racial injustice, race discrimination and corruption. One Vision Bringing Senior Leaders from Community, Faith, and Statutory bodies, NHS, schools and young people.



ENOCH KANAGARAJ
Founder & CEO One Vision

“Stephen Lawrence Day gives us a chance to think about how racism impacts on many aspects of society, and what we can do to overcome it.”



Harjit Singh DL
Chair of Trustees



Charlie Hall
Chief Constable

“Working with community organizations like One Vision is a vital part of our strategy for policing as we collectively strive to build a better future for all our communities in Hertfordshire.”



Karen Taylor
Chief Executive Officer
Hertfordshire Partnership University
NHS Foundation Trust

“It is incredibly important that we take the time to pause and remember on the anniversary of Stephen Lawrence's tragic death. Racism exists and must be eliminated - by us all. Inequalities across society impacts mental health and well-being and can prevent people being able to access care and support. HPFT is committed to changing this; and we are proud to partner with One Vision to support people from Black and Asian ethnic communities to access the early help and support they need, when they need it.”



Stephen Lawrence Day Showcase





ONE VISION

BRINGING PEOPLE TOGETHER



**SOUTH ASIAN HERITAGE
ASSOCIATION**



one voice
BRINGING COMMUNITIES TOGETHER



**African Caribbean
Dual Heritage Alliance**

For More Details



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